

The two on the road to Emmaus traveled with Christ, but they only came to the sudden realization of His presence through the breaking of bread¹. As we break bread this morning, also in His presence, we must come to this realization as well. And in thinking of His sacrifice, we might recall what Jesus asked the disciples after He washed their feet: “Do you understand what I have done for you?”². This applies even more when we remember the cross – and understand what He has done for us. We thus should, like Cleopas and his friend, have our hearts burning within us as we participate in this communion.

1. Luke 24:13-35
2. John 13:12a