

Many times that we gather here we remember the Last Supper that happened in the Upper Room, where Jesus presented his body and blood as a memorial of His Love for us. It was a time of communion, though the disciples did not understand how Jesus was to be crucified and raised again. When Sunday morning came, ladies came from the Empty Tomb, having learned that Jesus had risen, and proclaimed the news to the other disciples.

It is interesting to note that the next two Sunday gatherings are reported in the gospel of John, chapter 20. In vs 19 we find that the disciples were together, possibly in the same upper room where they ate the Passover. The **doors were locked** for fear of the Jewish leaders, but Jesus penetrated their defenses, stood among them and said, "**Peace be with you!**" He showed them his hands and side and they were **overjoyed** when they saw Him. Jesus **again** said, "**Peace be with you!**" and, **breathing on them**, passed on to them **the Holy Spirit**.

A week later his disciples were in the house again, and this time Thomas was with them. Though again the **doors were locked**, for they were all in fact doubters, Jesus came and stood among them and said, "**Peace be with you!**" And Thomas also recognized Him as his Lord.

Neither of these occasions seems typical of what we now experience on Sundays. But perhaps we can see that in our communion with Him He offers us Peace, His Penetrating Presence as we try to lock out the distractions of the world, and most importantly, His Spirit.

And we will be greatly blessed because we believe in Him.